



  
 TROPICANA  
**MENU**

**OPERATING HOURS**  
10:00 AM TO 7:00 PM

**POOL TIMINGS**  
10:00 AM TO 7:00 PM

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**COLD STARTERS & SALADS**

- COLD MEZZA (V)** 70  
Hummus, mutable, tabouleh, fattoush, crudites and pita bread.
- TABOULEH (V)** 30  
A classic Middle Eastern salad using finely chopped parsley, tomato, burgul and onions seasoned with salt, lemon juice & olive oil for a tangy finish
- FATTOUSH (V)** 30  
Zesty refreshing combination of tomatoes, diced cucumbers, lettuce, parsley, radish, watercress with a special fattoush dressing & roasted Arabic bread
- CAESAR SALAD** 50  
Mixed lettuce with shaved parmesan, crispy croutons served with Caesar dressing.
- With Grilled chicken  
With Grilled shrimps
- GARDEN SALAD (V)** 40  
Mixed green leaves & cucumbers served with lemon dressing

**HOT APPETIZERS**

- BOWL OF FRENCH FRIES (V)** 35
- POTATO WEDGES** 40  
Cajun spiced potato wedges, sour cream and sweet chili sauce
- HOT MEZZA** 85  
Meat Kibbeh, Cheese Rolls, Spinach Fatayer, meat sambousek)
- FRIED CALAMARI** 70  
Served with tartar sauce
- SPINACH CHEESE BALLS (V)** 50  
Served with sweet chili sauce
- PRAWN TEMPURA** 65  
Served with tartar sauce
- VEGETABLE SPRING ROLLS (V)** 40  
Served with sweet chili sauce
- CHICKEN TIKKA** 55  
Served with mint chutney and French fries
- VEGETABLE CUTLET (V)** 45  
Served with mint chutney

**SOUP**

- LENTIL SOUP (V)** 45
- MUSHROOM SOUP (V)** 45
- MINISTRONE SOUP (V)** 45



**BURGERS , SANDWICHES AND WRAPS**

- MET CLUB SANDWICH** 70  
Chicken breast, Turkey or Beef Bacon, fried egg, lettuce, tomato, pickle and cheddar cheese served with French fries
- CLASSIC B+L+T** 65  
Beef Bacon, lettuce, tomato sandwich served with French fries and coleslaw
- CHEESE AND TOMATO** 75  
Tomato and cheddar cheese sandwich served with French fries and coleslaw
- SHISH TAOUK WRAP** 40  
Spiced grilled chicken cubes wrapped with lettuce, pickle, tahina in Arabic bread served with garlic sauce, French fries and pickles
- KOFTA KEBAB WRAP** 35  
Grilled Lamb minced skewer wrapped with lettuce, pickle, tahina in Arabic bread served with garlic sauce, French fries and pickle.
- CHICKEN FAJITA WRAP** 85  
Mexican spiced chicken strips cooked with bell peppers and onions wrapped in flour tortilla bread with cheddar cheese.
- CRUMB FRIED CHICKEN BREAST BURGER** 70  
Breaded chicken breast, lettuce, tomato, pickle, cocktail sauce, cheddar cheese served with French Fries and Coleslaw
- MET BEEF BURGER** 50  
Beef Pattie grilled, grilled onion, lettuce, tomato, pickle, cocktail sauce, cheddar cheese served with French fries and Coleslaw
- PIZZA**
- MARGHERITA PIZZA** 65  
Tomato sauce, mozzarella and oregano
- PEPPERONI PIZZA** 70  
Tomato sauce, Beef Pepperoni, bell pepper, mozzarella and oregano
- CHICKEN PIZZA** 75  
Fresh mozzarella, grilled chicken, mix bell pepper, mushroom and tomato sauce
- VEGETARIAN PIZZA (V)** 70  
Tomato sauce, mushroom, broccoli, black olives, bell pepper, onion, mozzarella and oregano

**MAIN COURSE**

- LAMB CHOPS** 125  
Succulent lamb chops seasoned to perfection served with roasted potato, herbs jus and buttered vegetables
- ORIENTAL MIXED GRILL** 115  
Beef kebab, shish taouk & kofta and lamb chop served with grilled vegetables, French fries and garlic sauce
- BEEF TENDERLOIN** 110  
Flame grill to your liking served with grilled tomato, mash potato, roasted vegetable
- 70 Choice of: Pepper corn sauce or mushroom sauce
- GRILLED SALMON** 100  
Served on a bed of garlic mash potato, sautéed vegetables served with lemon butter sauce
- GRILLED PRAWNS** 100  
Jumbo Grilled Prawns served with mash potato, grilled vegetables, lemon and garlic butter sauce
- BIRYANI LAMB | CHICKEN** 95 | 75  
Served with raita, papad and pickle
- GRILLED BABY CHICKEN** 80  
Served with mash potato, grilled vegetable and grain mustard sauce.
- CHICKEN | MUTTON | VEG CURRY WITH RICE** 75 | 85 | 75  
Served with mango chutney and pappad
- PASTA**
- SPAGHETTI BOLOGNESE** 70  
Beef minced sauce
- PENNE ARRABIATA** 70  
Spicy tomato sauce with parsley
- DESSERT**
- ICE CREAM (3 SCOOP)** 45  
Ask the staff what is the available ice cream of the day
- TIRAMISU** 45  
Mascarpone cream with coffee-soaked biscuits
- CHEESE CAKE** 45  
Combination of Philadelphia, sugar, eggs, flour and cookies crumble
- SLICED SEASONAL FRUITS (V)** 45  
Watermelon, rock melon, kiwi, strawberry and fruit syrup



Contains: (V) Vegetarian (N) Nuts (S) Spicy (A) Alcohol  
All prices are in AED and included 5% VAT, 7% Municipality Fee, 10% Service Charge  
Kindly be advised that our dishes may contain allergens. Please let your server know of any food allergies.

## GRAPES

WHITE WINES	GLASS	BOTTLE
VISTANA Chardonnay, Chile	37	175
WILDERNESS BAY Chenin Blanc, South Africa	33	155
DB FAMILY SELECTION Pinot Grigio, Australia	37	175
MASIA J Sauvignon Blanc,	44	195
FRONTERA 75 CL Chardonnay	47	215
FALSE BAY Sauvignon Blanc, South Africa		260

## GRAPES

RED WINES	GLASS	BOTTLE
VISTANA Cabernet Sauvignon, Chile	37	175
WILDERNESS BAY Merlot, South Africa	33	155
DB FAMILY SELECTION Carbernet Merlot, Australia	37	175
CA DI PONTI Nero D'Avola, Sicily Italy	45	210
FALSE BAY Pinotage, South Africa		275

## GRAPES

ROSÉ WINES	GLASS	BOTTLE
WILDERNESS BAY ROSÉ South Africa	33	155
DB FAMILY SELECTION Australia	37	175
ROSÉ D' ANJOU DOMAINE Des Nouvelles Anjou, France	55	263

## BUBBLY

SPARKLING & CHAMPANGE	GLASS	BOTTLE
ZONIN 1821 PROSECCO BRUT Veneto Italy	50	235
ZONIN ROSÉ BRUT SPUMANTE Veneto Italy		236
MOËT ET CHANDON IMPÉRIAL Champagne, France		850
MOËT ET CHANDON ROSÉ IMPÉRIAL Champagne, France		1045

## BOTTLED HOPS

BEER		AED
Amstel light	Holland	41
Budweiser	USA	44
Heineken	Holland	45
Corona	Mexico	47
Stella Artois	Belgium	47

## CIDER

Kopparberg Strawberry & Lime	Sweden	61
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## HOPS ON TAP

BEER		AED
Amstel light	Holland	47
Amstel	Holland	48
Budweiser	USA	49
Heineken	Holland	50
Stella Artois	Belgium	51

## SPECIALTY BEERS

PINT BEER		AED
Strongbow (Cider)	England	47
Guinness ( Stout )	Ireland	52

## TROPICANA'S SIGNATURE'S

	AED
TROPICANA CHEER Apricot brandy, Crème de Mûrel orange, soda	45
TROPICANA SPRITZER Wine, aperol, orange, sugar, lime, mint, soda	45
SPICED SPRITZ Gin, green apple, basil, lime, sugar, soda	50
CHERRY BLAST Vodka, cherry heering, lemon, sugar, soda, orange	55
WILD BERRY GIN SLING Gin, wild berry's, lemon, sugar and soda	55

## TROPICANA'S CLASSICS

MARGARITA Tequila silver, triple sec, lime juice	45
BLOODY MARRY Vodka, home-made secret spicy tomato sauce and lemon	45
ESPRESSO MARTINI Vodka, home-made secret espresso martini mix	45
PASSION FRUIT MARTINI Vodka, passion fruit, sugar, lime, pasoa	45
BENEDICTINE SOUR Whiskey, Benedictine, lime, sugar, pineapple	55
TWISTED NEGRONI Gin, ginseng infused noilly prat, aperol, orange	60
MOJITO White rum, mint leaves, lemon juice, soda	55

## MOCKTAILS

ARIEL Orange juice, pineapple juice, grenadine, soda	40
ORANGE PASSION Orange juice, passion fruit and Fanta	40
TROPICAL Passion fruit, pineapple juice, mint, ginger ale	40
MINT LEMONADE Mango juice, mint leaves and soda	40
CHOICE OF ICE TEA Lemon   Passion   Peach	40
PIÑA COLADA Pineapple juice, coconut cream	40
VIRGIN MOJITO Mint leaves, lemon juice, soda or sprite	40
HEINEKEN ZERO Non - Alcoholic Beer	27

